



## Improvement of Pedagogical Technologies for the Development of Creative and Critical Thinking in Young Students

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### ABSTRACT

The article emphasizes the importance of teaching methods in organizing physical education classes in secondary schools .

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Correct use of physical exercises in physical education classes, positive effect on the physical development and training of students meets the need for movement to a certain extent. High physical fitness of students helps to master the materials of the physical education program and strengthen their health.

In physical education classes of children in secondary schools one of the main directions of improving physical fitness adjusted for students' age, development, and gender the use of exercises, action games has an effective effect.

Children and adolescents have limited movement activity. Children from kindergarten when they come

to school, their movement activity decreases by 50 percent. Various diseases can occur due to low mobility. The role of action games in increasing movement activity is incomparable. In physical education classes of primary grades and outside of class action games are widely used in training. Physical education classes often consist of various games. With the help of these action games, physical education sessions are fun and creates different skills in students.

Physical education lesson at school is the main pedagogical category system considered as To teach them, to analyze, to write, to be easy will be analyzed separately. One of the main tasks of a teacher, consists of organizing students' academic work. "Educational work

The concept of "organization" is the first in the course of the physical education lesson with three specific teacher activities that include:

- 1) management;
- 2) placement;
- 3) consists of solving the tasks set in a certain order.

In the existing literature, "conducting a lesson", "activities of pupils organization methods" and others, including "frontal", "group" and "individual" methods. Placing students and doing work The procedure is used in the lesson. Placement of students in the lesson, should be different from the order of tasks, setting a large number of tasks, using terms related to specific pedagogical concepts, makes it difficult for teachers and methodologists to understand each other.

Physical education is primarily about being able to manage students, doing things as a team or individually. Its main methods are: command, task, show, count, while viewing, voice conditionals. The order is known for its brevity, precision, and demand.

Command terms are used from the lower classes in the upper classes it gets complicated. In the lower classes, the commands are slightly it is required to be given in slow motion. Commands are known

Co-education is used in giving assignments. Therefore, the execution of this or that order is analyzed.

Light and sound conditional voice and symbols are used that are conditional symbols or sounds that are agreed upon in advance.

For example, a full lesson can be conducted with clapping, svstok gesture. Lower class regulating students' movement activities, setting standards the use of sound signals will be appropriate. In advance the use of agreed cues gives the teacher pleasure. In class

There are many ways to manage student activities. In this case of course, taking into account the age of the participants, the place of the lesson, the conditions, how students master the assigned tasks it is required to take into account the receipt. Students in class placement is the main method of educational work. Consists of three methods:

- 1) single placement, frontal, without dividing pupils; methods and principles are widely used. From teaching methods verbal, practical, demonstrative, game and competition in physical education styles take the main place. From the method of orality in physical education verbal explanation, conversation, questionnaire, question and answer, feedback methods are used for physical exercises and movements. Also, physical education teachers and sports coaches develop the ability to give orders in themselves and in the students.

In a practical way, physical education teachers teach physical exercises and physical actions are shown

to students in practice. Pupils repeat physical movements. In the process of practical performance, students develop physical skills and abilities. Teachers give methodical recommendations and instructions to eliminate errors and shortcomings in the performance of exercises and actions. Videos and films on the formation of techniques and tactics of physical movements and sports movements are shown, presentations are organized. Posters, billboards, posters and demonstrations are prepared. In the process of such methods, athletes are methodically trained in technical and tactical training for the development of physical qualities will have recommendations and instructions. The style of the game is elementary.

It is widely used in the organization of physical education activities of students. Nevertheless, the game can be widely used by students of all ages. Games greatly help students' physical development, health and formation of physical and vital movement skills and abilities. During the games, children are interesting because they behave freely, are inventive, try to perform new actions, and become independent. In games, physical loads affect without moderation. Pupils are active during the games according to their physical fitness and physical abilities. Games can be widely used in general and special training of athletes. The competition style organizes competitions in the physical education processes of students. The improvement of technical and tactical skills and physical qualities in sports is demonstrated during competition processes. General and special training of athletes is evaluated. The level of mental, moral, spiritual and will readiness of students is taken into account in the evaluation of general training.

In the assessment of special training, the skills and abilities of students to master the techniques and tactics of sports movements are taken into account. Also, the degree of development of their physical qualities, strength, endurance, quickness, agility and flexibility is determined. Competitions can be in the form of sports competitions, evaluation of general physical fitness, and competitions for performing tests. Sports competitions are also organized in the form of public sports holidays. Educational methods and educational principles in physical education are considered to be of great importance in popularizing physical education and sports activities among students.

The third decisive stage of the lesson system is in the process of passing the lesson used, is to determine the activity of the pedagogue and the interaction of the participants in solving each pedagogic tasks. To this organization of groups, assigning tasks to them, the procedure for changing the place of training, installation of shells, distribution and collection of equipment, actions used in existing lessons. Thus, each lesson consists of a unity of substantive, methodical and organizational elements. Violation of this unity, failure to understand or recognize the importance of the mentioned elements leads to a rapid decrease in the effectiveness of the lesson, puts into doubt the possibility of solving the set tasks.

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