

Conflicts, Problems and Solutions in the Family

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Abstract: This article is devoted to the regulation of family relations, the prevention of family divorces, the protection of the rights and interests of not only the couple, but also minors, the reconciliation of families on the verge of divorce, the peaceful resolution of disputes.

Keywords: family, divorce, socially psychological reason, to study, actuality relevance, importance, people.

INTRODUCTION

The highest product of family-human thinking. After all, this small place not only gives meaning and benefit to our lives, but also plays an important role in the development of society and the development of the country. At the same time, harmony and harmony in the family form in the human mind such high human qualities as love of life, devotion to the profession, respect and attention to others.

A healthy environment is one of the most important factors in the upbringing and development of children who are able to work for the country and be able to serve the people. Therefore, ensuring the stability of families in our country, its material and moral support has been identified as one of the priorities of state policy [1,p.216]. As President Sh. Mirziyoyev said, "It should be to further strengthen

the foundations of the family, which are sacred to us, to create an atmosphere of peace, harmony and mutual respect in homes, to fill spiritual and educational work with concrete content. It is related to the bitter and unpleasant issues that are not unique to our people, such as crime among women, the increase in family divorces, the exposure of young people to various religious extremist movements and terrorist organizations"¹.

In our country, every family is under state protection. The Family Code and other legislation are important in regulating family relations, preventing family divorces, and protecting the rights and interests of not only spouses but also minors[2].. It is noteworthy that the necessary measures are being taken by the civil courts and conciliation commissions established under the auspices of each mahalla to reconcile families on the verge of divorce, the peaceful settlement of disputes.

Judging by the concrete examples, in the first 11 months of 2019, 40,226 divorce disputes were considered by civil courts, of which 20,022 families were divorced due to the impossibility of reconciliation. Over the past year, 20,829 family divorce claims have been dismissed and terminated by the courts due to insufficient grounds for divorce. As a result of the reconciliation of most of these families, 22,020 minors will be able to grow up enjoying parental love².

Of course, when it comes to the most painful point of society - broken families, the fate of innocent children inevitably worries one. After all, those who have a broken heart suffer the most from the divorce of their parents, they grow up with a disability. Admittedly, a spiritually immature person faces many challenges in finding his place in life, choosing a career, adapting to social life, and interacting with his peers and the general public[3,p.236].

I would like to emphasize that every sane parent who wants Dilbandi to live a happy life must resolve the disagreement with seriousness and deep observation, overcome the difficulties of life, and ensure a happy marriage for family members. At the same time, it is worth noting that the negative consequences of family divorces create a certain gap not only in the lives of ex-couples, but also in their labor activities, society and the state.

Statistical analysis shows that the majority of people whose families are in disarray are accustomed to unhealthy marriages. Naturally, this will have a negative impact on his health and behavior. More precisely, those who are accustomed to drinking and living a lonely life as a result of living alone, in many cases, can not refrain from committing various offenses, do not follow the rules of morality established in society, weaken control over their behavior[4]. In addition, a parent who is separated from his or her child is slowly forgetting his or her responsibilities. As a result, there is a problem with the collection of alimony for the financial support of minors. This will lead to an increase in the workload of self-governing government agencies. We believe that in order to prevent and eliminate such tragedies, it is necessary to take certain measures to prevent the breakdown of families, to identify the causes of divorces and to resolve disputes peacefully.

First of all, it is very important to identify measures to prevent divorce, to develop programs aimed at ensuring the stability of the family and to ensure its consistent implementation. In this regard, it would be expedient to include in the important areas of public policy a clause "Improvement of objective analysis and legislation on any reasons that lead to

divorce." [5,p.114]. We believe that the cooperation of government agencies and public organizations in the implementation of the measures set out in this paragraph will certainly be effective.

Analysis of case law shows that in 2019, 51.1% of divorce-related disputes were cited as "a couple's misconduct" as the main reason for divorce.

It should also be borne in mind that in cases like the above, even if the family is reconciled, the crack in the couple's heart may not heal. Therefore, it is very important to prepare young people on the verge of marriage for family life, to form in them the ability to withstand the trials of fate. At the same time, in the family medicine institutes organized under the Civil Registry Offices, young people who are determined to get married by engaging specialists, especially psychologists, are given the opportunity to study each other's behavior as a future couple, as well as to prepare two young people for marriage before marriage. It is necessary to establish the practice of using psychological tests, methods and tools to determine whether their worldviews, aspirations, household chores can be shared, and whether their worldviews are compatible[6,p.11].

Let's focus on statistical analysis again. In 11.6% of civil cases related to divorce, the marriage of a couple without moral, spiritual and spiritual readiness to get married also leads to the breakdown of families. At the same time, arrogance in the behavior of a couple who is not ready to bear the burden of household chores, making tragedies out of them instead of finding solutions to small household problems, shopping without taking into account the family budget, buying too much[7,p.9].

It is not easy to change the worldview, spirituality of couples belonging to this category, to explain to them the sanctity of the family. However, as a solution to any problem, it is possible to restore such families, of course. Only this is a process that requires a certain amount of time, attention and responsibility.

Just as it is easier to prevent disease than to cure a patient, it is better in all respects to prepare young people on the verge of marriage for both physical

and spiritual family life than to rebuild a family on the verge of failure.

The process of moral education needs to be further implemented in the following places: places where a person lives and grows up, ie home, family, neighborhood, as well as educational institution, ie preschool, school, secondary special, higher education institution, public places, media, literary work and in places of art, in the workplace, on social networks (telephone, Internet), in the company of close friends and acquaintances of his choice[8,p.19]. A question arises: Whose advice and practical help is needed in carrying out this activity?

First of all, with the participation of a psychologist, sociologist, educator (public education, higher education), community gatherings, Women's Committee, media, medical and legal staff, it is necessary to deal with negative qualities or defects that can be found in family members in the above places and groups:

First, to combat vices such as disrespect, indifference to the material well-being of the family, or lack of interest in work, which lead to the non-fulfillment of masculine responsibilities;

Second, to combat disrespect as a shortcoming in wives, neglect of household chores, family, ignorance or disregard for customs and traditions;

Thirdly, it is necessary to take concrete measures against husbands and wives who do not understand the family and its importance, the rights, duties and responsibilities of family members.

Let's also think about other reasons for divorce cases.

If we look at the practice, we can see that in 6.1% of families, the husband decided to divorce his wife mainly because he entered into another marriage relationship. In fact, it is foolish to enter into a marital relationship with someone else while having one's own family. After all, such misbehavior causes a sharp resentment of several people, especially family members. Consequently, it is clear that a person who does not find peace in his own

home will not be able to achieve his desires even after marrying another family.

It is no secret that those who marry another on the basis of a Shari'ah marriage return to their family after a certain period of time. Even in such cases, it is noteworthy that the courts are taking the necessary measures to reconcile the couple[9,p.18].

According to statistics, in 5.6 percent of cases, the husband or wife decided to divorce because of infertility. To have a child, a couple must be prepared not only spiritually but also physically.

There is a need for practical assistance and advice from medical staff in this regard. Because in court practice, firstly, whether each of the spouses has the ability to become a parent before the marriage, secondly, the possibility of joint parenthood according to the blood and other characteristics of the two persons, thirdly, to resolve the issue of infertility of parents and other officials there are cases where only the bride or a single groom is accused of infertility without paying enough attention to it[10,p.9].

In this regard, it is necessary to improve the medical culture of the population. After all, the inability to have children, which is closely linked to the honor and dignity of the husband or wife, should be explained to the heads of families only after the results of medical examinations and analyzes have convinced them of the very delicate issue such as infertility.

In order to prevent such negative situations, it is necessary to find solutions to the following issues in cooperation with the medical system, the general public and the media:

- infertility (common in women and men);
- infertility of a son;
- diseases that can lead to loss of fertility in men or women;
- severe diseases of women during pregnancy and childbirth;
- birth of a child with a disability.

Looking at the practice, it was found that 3.9 per cent of families had divorces due to the need for additional income. In the first place, the splitting of the family was caused by the fact that the husband or wife was looking for a job abroad, resisted the woman's work, stayed in a foreign country, went missing, and entered into a marriage with another person abroad [11, p.78].

According to popular stereotypes, family conflicts begin 3,5,7 years after the wedding. But psychologists believe that this may be due to women's misconceptions, not years. Reason 1: The idea that "marriage is the most important goal in life" The idea that "every girl should get married" is imprinted on the minds of girls, and this idea has become the main goal in life. The marriage stamp printed on the passport seems more important than any relationship. Unmarried friends become "second-class" people for them. "If I don't get married soon, I'll be like them," they say, rushing to get married sooner. If the main goal is only marriage, after the wedding it loses its relevance, and with it the meaning of life. Here is his dream come true, now what? What does it mean to be a "wife"? The unfamiliar situation arouses feelings of resentment in the woman and she begins to feel uncomfortable. This will damage the relationship in the first place. What to do: Expand your range of interests. All attention should be focused on fun, enjoyable, useful activities. It creates new habits, no longer dreaming about marriage, but living happily with the existing reality, enjoying every event. At first it will be difficult for you, but then it will form a healthy lifestyle. Then you will have the opportunity to compare your past with your present.

Reason 2: The thought that "real life begins after the wedding" The girl hopes that "after I get married, my dream of finally ... will come true." He likens his wife to a career, sees the stamp in his passport as a guide to a great life. Now he wants to make his dreams come true that he couldn't make before. For example, he tries to enforce the ban by saying, "I don't need a driver's license now. If I get married, I will take driving lessons so I don't drag my kids on the subway." So far, he has been listening to his parents, people, and now he wants to achieve all his

dreams. If the spouse resists this, he will be disappointed in everything, not wanting to obey his prohibitions. What to do: Pay close attention to your wishes and desires. Before you get married, find out who or what will resist your dreams. Think again about what exactly you intend to do when you get married. Maybe it will be clear to you before the wedding that there are no obstacles for you to do them.

Reason 3: The idea that "my spouse should understand me without words". Some women boast, "My husband understands me without words." For them, marriage becomes a "reading thoughts" competition. According to them, when married in love, the husband and wife understand each other without words and live a happy life. In fact, love is not a sufficient guarantee, it is a necessary need. Because emotions are not a guarantee of loyalty, sharing the burden of household, raising children, implementing future plans. Because in order to do all this, a husband and wife have to talk. In such cases, it is sometimes necessary to speak out loud to prove the point. In this case, the woman may perceive shouting as an insult, thinking, "I hit the ground and I was unhappy." In her mind, she feels as if there is no love left between them, as if her husband has ignored her. What to do: Don't wait for your spouse to understand your point without words, try to understand his or her feelings, pay attention to how he or she feels. Learn to talk openly about your own desires and wishes, and to listen to his or her wishes as well.

Reason 4: The thought that "My husband will save me from all the misfortunes of the world" "A woman will be happy only if she gets married," she said. He likens marriage to a magical medicine that protects from all evils - loneliness, boredom, fear and all diseases. The tragic side of such a relationship is that the groom also seeks a "cure" from marriage. As a result, both the boy and the girl feel cheated and dissatisfied when they do not achieve the expected result from each other. For a woman, marriage primarily serves as an antidepressant. She wants the relationship to be like the first time they met after the wedding. She cannot accept spiritually the different nature of the

relationship. What to do: First of all, admit that you think marriage is a healing feature. Any woman can fall into such a trap, she puts more demands on the man than necessary. It is wrong to understand that not all problems can be solved by marriage. You will have to try other ways to solve them.

Reason 5: The misconception that “marriage will radically change my life”. Sometimes girls think, "If I get married, I'll move from this unusual place to a big city." If this idea comes true, well, but what if it is not possible to implement it?. After that, the woman awakens hatred towards her husband. For example, if a young man before a wedding promises to go abroad after marrying a girl, but later gives up the idea of going abroad because he was offered a good job in his homeland, his wife will not forgive him. The woman feels cheated. What to do: Learn to solve problems independently. When getting married, a groom should not only have similar goals, but also common interests, customs and values.

It can be said that the desire of spouses, firstly, to be employed, and secondly, the desire to go far to work in order to provide for their families, later led to the breakdown of the family under the influence of other factors. Problems such as employment of the couple, strengthening the family budget at the expense of additional income are not so difficult to solve, that is, a problem that can be solved. Only, as noted above, the interaction of government agencies and public organizations is the key to solving such problems.

In short, the preservation of the family, ensuring its stability, reconciling families on the verge of divorce is one of the most noble deeds. Therefore, there is no doubt that the efforts of not only the courts, but also the general public to prevent family divorces and reconcile the couple will make a worthy contribution to the development of our society. There can be no harmony in such a family unless there is unity in difficulties, forgiveness of shortcomings, understanding of each other, and sincere division.

We discussed some aspects of family divorces. There is a lot to talk about. But there are many of us

who have bravely passed the tests of life and created a fortress of happiness for themselves. The poet wrote about them: "Those who are happy at home, are really happy." A family with an atmosphere of patience and mutual respect can be compared to a fortress that will never perish. Peace, prosperity, and tranquility reign in such a family. It is difficult for young people who are stepping on the threshold of independent life to adopt the so-called family fortress without knowing the truth of this simple life.

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