

## Improving the Spiritual and Educational Education of Young People the Importance of Books and Reading

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**Abstract:** The article discusses the importance and characteristics of books and reading in improving the spiritual and educational education of young people. Also, the factors of book and reading culture implemented in our country in educating young people to become mature individuals were discussed.

**Keywords:** spiritual education, reading, reading culture, enlightenment and spirituality, development, youth.

In the process of changing the cultural and educational sphere and the implementation of the state policy on youth, the reform of the information and library sphere plays an important role in the development of our country. Because reading books gives wings to people's psyche and mood, and mature and unique works not only have a positive effect on the prosperity of society, but also on the success of future tasks. We understand well that at the current stage of the development of New Uzbekistan, the reforms implemented in the spiritual and educational spheres, along with social, economic and political factors, are of great importance. We all understand well that if the body of society is economy, then its soul and spirit is spirituality. We rely on these two strong pillars to build a new Uzbekistan, a strong economy based on market principles and a strong spirituality based on the rich heritage of our ancestors, national and universal values. This requires high experience and skills from representatives of the information-library sector. Only pedagogues of this field can convey these feelings to the minds of librarians.

There are many proverbs in the language of our people about the importance of acquiring knowledge and proper upbringing, learning a profession by reading books. For example, "A mind without a book is a bird without wings", "Knowledge is a lamp of the mind", "Beauty is knowledge in enlightenment". Such wise sayings can be continued for a long time. An important factor that has been showing people the right path for thousands of years, making them educated, educated, professional, and of course happy, is to be friends with books and not to hate reading books. Books have a special place in the lives of young people. Because a good book raises feelings of love for the Motherland, respect for national and universal values in a person, encourages goodness and goodness.

When one of the sages was asked: "Can a person achieve happiness by reading a book?", he answered: "Reading a book is happiness". We wish our children this happiness. First of all, a few words about reading the book. We liken a person who is reading a book to a person who perceives the world, looks into his heart and realizes himself, in general, to a person who gently knocks on the door of the castle of goodness. Reading a book increases human thinking, looks at life with a deeper eye. If we pay attention, recently the young generation, children were interested in the Internet and various social networks and did not read many books.

Today, at a time when our country is rapidly developing, the attention to the formation of book reading and reading culture, which was reflected in the thoughts of our ancestors and sages, has risen to the level of state policy. In general, today our psychologists-scientists show at least the following reasons about the benefits of reading books:

1. A person who reads books will have a large vocabulary. Because when reading a book, one comes across words that are not used in everyday life. It is not necessary to look for the meaning of this word in the dictionary, because the meaning of the word comes from the general content of the book.
2. Reading helps to communicate with other people. That is, a person who reads a book will have the opportunity to express his thoughts beautifully, clearly and vividly. It can be felt that the art of speaking has been developed in a person even by reading a few classical literature. In this way, a person can become a good conversationalist and leave a good impression on people.
3. Reading makes a person brave. Self-confidence of a person who reads a book increases. Because the knowledge he got from the book will help him. People around you will have a good impression of you. This will make you more daring.

In short, the book is our current life. Everyone needs it, the elderly, the middle-aged, the young, and even children. When it comes to choosing books for them, we all agree that reading poorly chosen books is worse and more harmful than reading nothing at all. The choice of books reveals a person's world of thought, his life values. Our highest goal is to create conditions for the education of our future young generation, to raise them healthily, and to give them love like parents. The role of the book in the life of children is incomparable in the development of a well-rounded person. There is only one answer to the question of when they fall in love with a book. If we can choose books suitable for children's outlook and age, the child will develop a love for books. In fact, research shows that teenage readers become better readers when they choose the right reading material. And our task is to help him.

Love for the book, appreciation for it, passion for reading is embedded in the blood of our people. Our nation is rightfully proud of rare manuals and literature related to science, literature and art. In any famous library of the world, you can see the work of calligraphers and painters, who made the manuscripts of great scientists and sages who created the treasure of thought into books and gave them eternal life. Our ancestors kept the book like the apple of their eye. They did not wrap anything in the book page. The place where books are stored, whether it is a library or a house, is considered sacred, any book is placed on the most pure, highest place – shelves.

We adults require children to read a lot. This seems true at first glance. But the main thing here is to pay attention to the suitability of the book they want to read to their age, interest, and inclination, and finally, we should pay attention to the fact that they should read their own book. It depends on how and to what extent the culture of reading is nurtured. The culture of reading includes dozens of other issues, such as paying special attention to buying books and regularly enriching the library, the manners of keeping books, the process of reading, and the ability to apply what you read to yourself and to life. It is necessary to choose a book and read it with a specific purpose in mind. In addition, the child should not only read the book, but also understand the main meaning of the book.

Love for books makes our readers to read some works again and again if necessary. As the German poet F. Geblp said: “Re-reading the books that have been read is the most reliable measure of literacy”. The library should function as a real cultural and educational center. This place of knowledge and spirituality should become a favorite place for children and invite more children to its bosom. It is the urgent task of all of us to develop the work of the library, to attract more students to this place, to increase its prestige by conducting spiritual, educational and cultural events.

In conclusion, the place of the book in becoming a perfect person is incomparable. Accustoming students to work with books is also educational. Reading increases the spiritual wealth of young people, starts them on the path of work and creativity. The book helps to understand the grandeur of life, to think about it

independently. The specific socio-spiritual and spiritual changes taking place in the minds of young people in the current era of globalization require a complete revision of the work in the higher education system from the point of view of modernity, importance and efficiency, effectiveness. is demanding. In order to increase the knowledge and level of young people, expand their worldview, and actively support talented students, a number of contests and sports competitions are regularly held in higher educational institutions. All these works are organized within the framework of the existing systems and mechanisms that have been formed so far. Moreover, the work in the spiritual and educational sphere has not lost its importance in terms of effectiveness, effectiveness, and modernity.

In Uzbekistan, serious attention is paid to this issue, it has risen to the level of state policy. In March 2019, the President of Uzbekistan put forward five initiatives aimed at creating additional conditions for the education of young people and increasing the employment of women. Five important initiatives to organize social, spiritual and educational work on the basis of the new system are as follows. The first is to increase the interest of young people in music, painting, literature, theater and other arts, which will help to realize their talent. The second is the physical condition of young people, creating the necessary conditions for them to demonstrate their abilities in sports. The third is to organize effective use of computer technologies and the Internet by the population and young people. The fourth is to organize systematic work on raising the morale of young people, to widely promote reading books. The fifth is to ensure the employment of women.

As we can see, the fourth initiative envisages raising the morale of young people and widely promoting reading. The head of our state emphasized the need to instill in young people a love of books from childhood, independent thinking, and the formation of a broad worldview. Within the framework of the implementation of the fourth initiative, a number of works were carried out to improve the culture of the population, especially the youth, and popularize reading. Today, the total number of books in 201 information-library centers operating in our country is 16,319,587, of which 8,468,593 are fiction. The number of members of these information libraries is 1,196,233 people. In 2020, 150,724 books were delivered to libraries. Because reading is one of the main factors of today's youth policy, it is a meaningful and effective way to spend free time of young people, including spiritual-educational, moral-spiritual, patriotism and diligence. It is important to choose the right path. The book is incomparable in the spiritual development of human society and human life has been known since ancient times. Along with getting to know the world, to beauty develops love, enjoyment of it, hatred of evil. A book is a reader's understanding of the world in addition to helping her forms a scientific and spiritual worldview, forms a positive character, how life and life conflicts teaches ways to solve. Every student who possesses these qualities is exalted being a person with spiritual thinking matures. It is known that the importance of books and reading in the formation of high spirituality in the hearts of students is incomparable. The book is a tool that connects centuries to centuries, times to times, ties to ties. That's why we need to further develop the culture of reading books and getting information in every person, every reader. The culture of reading books is a very broad concept and a complex problem, which roughly includes the following situations:

- book selection;
- know how to read a book;
- what to pay attention to and remember when reading a book;
- to find the necessary information from where, how, using which means;
- how to deliver the acquired knowledge or message;
- formation of re-reading-reading skills;

- know how to work with catalogs and cards in the library;
- to distinguish between fast and slow reading of a book;
- read the book and be able to enter its fascinating world;
- being able to read a book independently.

Studying the demand for artistically high books among the population, especially among young people, which serve to increase the intellectual level, including improving the system of forming a general order list of artistic, educational, youth worldview literature, is considered an urgent task of the day, and is the most effective in increasing reading among young people. is one of the factors. Indeed, the Book is the wing of thought. If this wing is strong, it will not tire of striving for high latitudes. Interest in books serves to enrich the spiritual world of the young generation.

Every person can use books as much as possible from his spiritual treasure, limitless possibilities, and enrich his life and the lives of others. The book is the food of our soul, making friends with it not only elevates us spiritually, but also introduces us to the world and leads to goodness. It is emphasized that the book is an integral part of the culture of humanity and society, that it is a means of educating people and their intellectual development in all periods of human development. Books have been and will remain the balm of souls, the treasure of knowledge, and the fountain of wisdom for all times. The book is an integral part of the culture of humanity and society, and has been a means of educating people and their intellectual development in all periods of human development. The book is of great importance as a method of collecting and storing information related to all fields. Books and writing have always accompanied the development of human thinking. The book is the most reliable and the most convenient communication tool created by mankind. The book allows people to know the achievements of mankind. Therefore, attention to books and reading is more important than ever. First of all, it is necessary to further develop the traditions of public libraries. The book is the basis of all creativity, creativity and intelligence, knowledge, life coach. This spiritual abode is likened to a ship of imagination that sails through the waves of time and carefully conveys a precious cargo from generation to generation. The libraries with the largest collection of books are the real masterpieces.

There are a number of subjective factors in the formation of human personality It has an impact.

They include education aimed at one goal and includes education, national idea, self-education process. When talking about the subjective factors of personality formation, one cannot ignore the important factor of self-education. Because self-education is the most important part of improving a person's personality is one of the ways. Human being, qualities and characteristics to analyze, to account for oneself, to control one's behavior As long as he is not used to evaluating the results of his activities, his personality as the maturation process slows down. The conclusion is that a person's personality is formed throughout his life develops. It is the most important for the process of formation of human personality influencing book reading and reading culture campaigning, formality in activities related to formation should not be put. On the contrary, this is happening at the initiative of the head of state it is necessary to further expand the possibilities of effective use of the mentioned opportunities in spiritual and educational work. For personal spiritual growth refers not only to literature, but also to masterpieces of art and culture noted that we have the opportunity to fully use the facilities need It is effective in motivating a person to self-educate spiritually a special science devoted to the issues of creating a mechanism it is necessary to carry out research work.

Of course, when it comes to the role of information-library pedagogy in educating young people, the pedagogical tasks performed by information-library pedagogy in these processes are extremely incomparable. Information-library pedagogy plays an extremely important role in improving the spiritual education of young

people, such as forming a culture of reading through the secrets and experiences of history. The final goal of the spiritual and educational reforms in the New Uzbekistan is to achieve new results in terms of pleasing the people and ensuring the vitality of national values. Proper education of young people in all aspects is one of the urgent tasks. The book is an important resource that elevates human spirituality and outlook. A person who reads a book is thoughtful, knowledgeable, has a high level of thinking and is distinguished from others by his worldview and thinking.

A child familiar with books grows up to be a good person. That is why it is the duty of parents and teachers to increase children's love for books and literature in families, kindergartens and schools. A person who has read a lot of books has a high level of knowledge, a high culture of behavior, and can find his place in life as a mature person. However, today the need and desire for books, reading books, especially among young people, is decreasing.

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