The role of the family environment in the formation of child psychology

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Abstract

In today's evolving world, the concepts of family and children are becoming more and more abstract. Parents are not allocating enough time for their children. As a result, children develop a variety of bad habits and habits. This article provides some practical and theoretical advice on the role of parents in child-rearing.

Keywords: Family environment, pedagogical knowledge, psychological knowledge, psychological literacy, children's worldview.

1. Introduction

Currently, the process of self-education is considered one of the most pressing problems. Especially for improving the giftedness of students, the process of self-education is considered the most important. Self-education begins in any person from early childhood and continues until the last life.

In the process of self-education, gifted students display abilities unknown to the mind, clarify their interests, and most importantly, students learn to set a specific goal for themselves. Psychologists believe that the level of qualitative uniqueness and the nature of the development of giftedness is the result of a complex interaction of heredity (natural inclinations), social environment (group, friends), mediated by the student's activities (play, educational, work) and the processes of education and self-education.

The purpose of this work, to indicate the role of self-education in the processes of teaching and upbringing of gifted students. Thanks to self-education, many writers and scientists have become outstanding people. Their names are famous in everything around the world. A.P. Chekhov paid much attention to self-education. Thanks to self-education, he developed a highly moral character and a high culture of behaviour.

The complexity of the educational process is also due to the fact that it is very dynamic, mobile and changeable. The educational process is lengthy. In fact, it lasts a lifetime. K. Helvetia wrote: “I am still studying; my upbringing not finished yet. When will it end? When I am no longer capable of it: after my death. My whole life is, in fact, only one long upbringing” [2]

2. Main part

The ancient Roman philosopher Seneca stated: “It is difficult to lead to good by moral teaching, easy - by example.” K. D. Ushinsky emphasized that educational power flows only from a living source of the human personality, that the upbringing of a personality can only be influenced by a personality.

There are rules that help young people become outstanding. These rules are as follows:

- Believe in your own strength.
- Set a reasonable goal.
- Decisiveness.

Constantly monitor your behaviour and correct yourself if necessary. Strictly and strictly adhere to the daily routine. Show patience and courage. Never put off until tomorrow what needs to be done today.

Master the method of self-education. Master the sciences about man, which will help you to know yourself and work on yourself. If each person complies with these rules that we indicated above, they can achieve a lot.

Stepping on the threshold of school is a huge turning point in the life of everyone. From that moment on, the most flawless moments of childhood come with some limitations. Now it is time for the child to perform not only certain family duties in the family but also special duties
necessary for the individual. This does not mean that his role in the family has diminished, but that it has increased.

That is, the era of defending one's reputation not only among family members but also in society through one's own actions begins. And for some as a person gets older, he or she will outgrow this. We all know that a person who does not respect himself does not know how to respect others. It is important that upbringing, school and family upbringing are balanced in one direction with the child's personality.

Elementary school children, ages six to nine, no longer repeat their pre-school behaviours. A young child can be stubborn and throw a bowl, in which case he will not even think about breaking the cup. But that's not what elementary school kids do. He doesn't like it anymore because he knows how others will react to his actions and he is ashamed of it. At this point, we must know and remember that one of the greatest emotions that shape a person as a person in society is a shame, which is a broad social concept that is not found among other creatures.

In the family, the child should never be embarrassed or humiliated. Everyone hardly forgets to be ashamed in front of others. He will never forget the humiliation he endured. Therefore, if you want to have a healthy mental environment in your family, do not punish your child for his / her inappropriate, wrong, misunderstood, inexperienced behaviour, especially in the face of the incident. In this case, if there is a risk that an acquaintance will be aware of the incident, the experience maybe even stronger.

Raising a child to warn him or she of things that could go wrong will not diminish his or her place in the family. It's not that the bowl falls out of your child's hand, it's that the bowl is broken, so start by saying, "Be careful not to break it" when you order something long ago.

If a child voluntarily learns to do school assignments during the day, there is no room for you to force him or her to sit down to prepare for class when you return from work in the evening. A family member who is forced to do his or her duty cannot have the same spiritual place in the family as everyone else. A child who learns his duty by force does not learn independence. However, we all look forward to our children's independence and teach them independence.

Only a child who has learned to be independent and self-sufficient will be able to provide for himself. If you constantly show the child his mental and practical work and force him to do it, then there will be inequality in the family, and if there is inequality between family members, the mental environment will not be healthy.

So if you see that your child is not doing his job, do not rush to force him. If he is once embarrassed or ashamed in front of his family, friends, or classmates for not doing his job, he learns not to do it again, especially if he doesn't know what he needs and can't find it. Because shame, shame on oneself, leads to selfishness in a good way.

Only for this, they require diligence, attentiveness and, of course, self-control. As we discussed above, self-education requires systematic planned work based on a thorough program of work on yourself. Thus, the process of self-education plays an important role in the formation of gifted students.

Children are the lifeblood of a family and its future. One of the main purposes of marriage is to ensure the continuity of the offspring, to leave offspring, to bring them up, to bring them up, and to see their perfection. The future development of a child in every family depends primarily on the upbringing and spirituality of the parents. Parents, on the other hand, need to start by raising their children. Because discipline is the beginning of all good in the future and always. Parents want their children to live a beautiful and flawless life. They live in search of ways to reach their children.

To this end, it strives to overcome all obstacles on the way. Unfortunately, in some families, the importance of upbringing is overlooked, as the role of material goods in the development of a child as a pamphlet is highly valued.

Spiritual sources that have come down to us from our thinkers provide valuable information on when parenting should begin. When a man marries, he must first choose a girl who is imaginative, polite and virtuous. Similarly, when a girl marries, the groom must be convinced
that the boy has good qualities. Because the chosen one will be the mother or father of the children in the future.

Rizouddin ibn Fakhruddin's book "Family" provides excellent advice and guidance on morality, family and marriage, family relationships, parental responsibilities, children's duties, the role of women in child-rearing, the general role of women, the role of parents in marriage. Those who follow the rules for the family, one day at a time, will be able to build their families beautifully and finally be able to govern this small country.

As a result, we have inherited information about the three stages of child-rearing. The first is the honest choice of a suitable partner, the second is the care during pregnancy, and the third is the upbringing from the day the child is born. It is important to choose a decent and potential partner when getting married. If this stage, which is the most important in the upbringing of a child, is carried out on the right basis, then the next steps will be successful[4].

Before a child is born, parents need to be free from all kinds of vices and try to keep their spirits clean so that they can be role models. Abdulla Avloni says: "Educators are like a doctor, who, like a doctor treats a disease in the body of a patient, must give it a cure for the disease of anger in the child's body, from the treatment of 'good behaviour' to the treatment of purity."

At the heart of this statement is the need for educators to begin education on their own, as a result of high experience. After all, a child follows what he sees more than he hears.

The gestation period of child-rearing is also an important period. At this stage, the woman needs to be given a lot of attention, both externally and by herself. Before the birth of a child in the family, a woman should be provided with all necessary material and spiritual conditions[1].

The neighbourhood in the parent's office and the reputation of the neighbour also play a big role in the child's upbringing and instil in their children a sense of pride in them. They are brought up in this spirit. Thus, family upbringing has its own characteristics and influencing factors.

It is impossible to bring up a child well in the family without taking it into account. To do this, parents must first be educated themselves. Taking into account the above features of family upbringing helps to analyze the essence of the use of national moral values, its specificity and importance in the moral upbringing of the child.

The changes taking place in the socio-economic, political and spiritual life of the society under the conditions of independence naturally and legally paved the way for the development of the people, had an effective impact on strengthening independence.

As a result historical processes began to be reflected in the upbringing of children in the family. To do this, parents themselves need to change their attitude toward national values. They have brought up their children in the spirit of the best and noblest traditions, based on the teachings, teachings and experiences of their ancestors.

In order for a child to be born healthy, a woman must be protected from all kinds of unpleasant situations and from all heavy physical tasks. A pregnant woman should be very careful not to get nervous. If a woman is very nervous and mentally and physically abused, the child may be born with a neurological disorder. Every family should create all the good conditions that a woman needs during pregnancy. Only then will we be able to protect our unborn child from various diseases and mental illness.

3. Conclusion

Parental interactions play an important role in the upbringing of children in the family. When a child grows up hearing harsh words from his parents and being beaten, it has a negative effect on his nature. A child raised in such an unhealthy environment develops into a “mentally ill” person. They also have a negative effect on the morale of the society. Every parent should first of all consider that the upbringing of children is a constitutional duty of each of us.

After all, our Constitution also states that parents are obliged to feed and educate their children until they reach adulthood. Therefore, we parents must not forget that the most important task of all of us is the upbringing of children.

Psychological knowledge is also important for seeing your child's abilities in a timely manner. The ability of an alert parent to quickly notice the abilities that are formed on the basis of...
the interests and abilities of the child will also help the child to achieve great things. As a result of awareness of psychological knowledge, young parents can form positive qualities in the character of their children, as well as volitional qualities.

In short, with the pedagogical and psychological knowledge of young parents arming is one of the issues of state importance today. When a child sees his mother with his eyes open and spends the first years of his development in the family circle, it means that parents and family members have a great responsibility for the upbringing of this child. As our ancestor Jawhari said, when a child is born, it is a white sheet of paper, on which parents and teachers need to know what to write.

References
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