Methods of psychological work with secondary school students

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ABSTRACT

The article provides general information about the methods of psychological work with secondary school students. It is also stated that one of the main tasks of the school is to create all the conditions for the development of the child, to introduce the most optimal forms of education and upbringing, taking into account his individual and psychological characteristics. At the same time, it is stated that the testing of knowledge, the implementation of admission to higher education institutions and all branches of education through tests requires the speedy establishment of psychological services.

Key words: methods of psychological, secondary school students, upbringing, psychological services.

I. Introduction

It is well known that the socialization of the individual takes place mainly during the school years. Therefore, one of the main tasks of the school is to create all the conditions for the development of the child, to introduce the most optimal forms of education and upbringing, taking into account his individual and psychological characteristics. But it is well known that in the current situation, the school has a lot of unresolved issues, all of which require comprehensive support to the school. In recent years, in accordance with the instructions of the President of the Republic of Uzbekistan, the task of determining the merits of young people from an early age, their comprehensive development requires the need for an individual approach to students, differentiated learning, which poses a number of problems for schools and society. Testing of knowledge through tests, the implementation of acceptance through tests in higher education and all branches of education requires the rapid establishment of psychological services.

Social psychology also takes into account the demands of our time on the school, taking into account the difficulties it is experiencing today:

a) understand them:

b) scientific analysis and:

c) is looking for Ways to Prevent and is tasked with showing Guidelines.

There is no clear-cut opinion on the subject of school psychological services. But despite its long history, the process is taking on a new dimension in the field of psychology. Because in this activity, 3 interrelated events find their essence:

1. A scientific psychological problem that is part of the school problem.
2. Activity of the practicing psychologist.
3. The process of organizing the school psychological service and its system.
Therefore, it is necessary to consider the school psychological service in 3 directions.

II. Literature review

The scientific direction requires the development of a methodological framework for the process of school psychological services. The main task is to conduct research, to develop the process of psycho diagnostics, to find evolving methods to reveal their theoretical and practical significance, and to develop a school psychological program. The researcher doing this research should follow the instructions of the school practitioner psychologist, i.e. he or she should act as the executor of the order. The practical direction is the application of psychological knowledge in practice by public educators. It is obvious that in the practical and practice-oriented areas, psychological services are entirely related to the development of the scientific direction. The scientific direction forms a theoretical concept and defines the content and essence of school psychological services. Currently, there are two main areas of school psychological services. They are modern and looking to the future.

III. Analysis

According to sources, the school's psychological services are related to whether they work in-house or out-of-school facilities. One of these modules has its own characteristics. The first module involves a group of psychologists working in the district and city departments of public education. They are a collection of psychological lectures that are useful for teachers and parents. This means that at the district and city levels, teachers and parents are closely involved in expanding the scope of psychological knowledge. The topics of the lectures should be aimed at the development of the educational process, the provision of various diagnostic advice to teachers on ways to overcome the existing psychiatric disorders. The topics of the lecture should correspond to the psychological knowledge of the members of the psychological group. As an example, the following topics of the lecture can be applied:

1. Psychologists on pedagogical problems.
2. Psychologists on methods of alternating the learning process;
3. Students' relationships in the eyes of a psychologist;
4. Basic psychological syndromes;
5. Causes and classification of mental illness;
6. What is schizophrenia and epilepsy?
7. Organization of psychiatric care;
8. Explosion can be prevented;
9. Difficult children and difficult parents;
10. On unwritten laws on the street;
11. Upbringing of small and large families;
12. The beauty of the spiritual world of youth;
13. Fruit-fruit of life;
14. Ethics and psychology of family relations;
15. General issues of psychology;
16. Theory of education in auxiliary and special schools;
17. Causes of unhappiness in the family;
18. Prevention of psychological diseases;
19. Psychological balance between parents and children;
20. Themes that cover 1/3 of life can be applied:

The primary goal is to influence the psychologist and the students, that is, to identify the personality traits of preparing students for school, if necessary, and to find alternative methods in the educational process. The ultimate goal is the interaction between the psychologist and the students, that is, to prepare them psychologically for life, self-awareness in life, social and professional self-knowledge. They consciously express their feelings of preparation for all aspects of life. As a result, they slowly made their way to the big threshold of life. This is not a complete formation of the human psychological system. However, it is a type of activity that creates opportunities for the formation, the creation of various opportunities for the full formation of young people imposes a great responsibility on the school psychologist.

IV. Discussion

The modern approach is aimed at solving life's problems and overcoming the difficulties encountered in the educational process at school. The future direction is aimed at the formation of personal characteristics of each person, the formation of their sense of psychological readiness in front of society. These areas are interrelated and help students work closely with their parents to accomplish future tasks. In practice, it is a necessary condition for psychologists to enable students to meet their initial and final goals.

The second module requires an increase in school psychological services that are only practiced in the school. In other words, he takes every opportunity to engage in various educational processes, and each student is directly involved with each parent, without knowing the sources that affect their state of mind. Settings will be in close contact. This means that he plans how the results of his advice will play a role in the student's life and what else to focus on.

This means that the school's psychological service can return the student to a healthy life by giving advice to the student's father, friends, and teacher. Various examples can be cited of how this module is focused on solving human tasks.

Such examples are very common in life. Psychological services are becoming the basis for building a happy family. The age of 2 is involved in marriage. So, building a happy family is related to the formation of these two ages as individuals.

Therefore, another task of the school psychological service is to study the course "Ethics and Psychology of Family Life." Because the specifics of this subject are better understood by a psychologist than by any other science teacher. In addition, as a person who is able to solve various problematic situations by expressing general ideas about the opposite sex, he directs the relationship of girls and adolescents in the right direction, forming in them the concepts of friendship, love, - Senses such as love, happiness have the ability to instill in the minds of young people that building a strong happy family.

V. Conclusion

In conclusion, we can say that in the article we have general information about the methods of psychological work with secondary school students. We also learned that one of the main tasks of the school is to create all the conditions for the development of the child, to introduce the most optimal forms of education and upbringing, taking into account his individual and psychological characteristics. At the same time, we learned that testing knowledge, admission to universities and all branches of education through tests requires the speedy establishment of psychological services.
References: