Virtual Art and its Impact on Spirituality

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Abstract: The article discusses the positive and negative effects of virtual art on the spirituality of young people. It also focuses on aspects that require attention, taking into account the external influences on the upbringing of young people and the formation of their spiritual world.

Keywords: ideology, function, ecology, terrorism, internet, globalization, integration, differentiation, stress, depression.

Nowadays, it has become commonplace to satisfy one’s material and spiritual needs and to find material incentives from them. Virtualization developed at such a lightning speed that it continued to blend in with spiritual elements. Now, a big question has arisen before humanity. What if spirituality becomes virtual? What does this lead to and what happens? Spirituality is a great force, thinking, which expresses the intellectual potential of young people. President Sh.Mirziyoyev: “For us, spirituality is a complex of mutual trust, respect and attention between people, noble aspirations to build the future of the people and the state, exemplary qualities. In other words, it is the foundation that determines the content and quality of all political and social relations.”

Spirituality is a quality that is broken in our blood at a high level, so properly regulating it in the age of virtualization is an extremely complex process.

We feel a strange sigh when we hear these words, such as “Youth are the owners of tomorrow”, “The future is in the hands of young people”, which are very exciting for every young generation, as well as a great responsibility. Our love for the homeland inspires us and our intention to make a small contribution to its development encourages us to move forward. As we watch the world, we envy developed countries and want to be one of them. At present, a number of reforms are being carried out in our country to develop the field of culture and arts.

The development of culture and art is equally important not only for these spheres, but also for economic, social and political spheres.

This is because the connection of international economic and political cooperation is carried out primarily through the establishment of cultural ties.

The field of culture and art includes a number of important aspects of the nation, such as national identity, language, religion, history. Only the young generation, brought up in the spirit of respect for national identity, will be able to feel in their hearts the great duty of preserving their national values and passing them on to future generations with national pride and pride.

Extensive reforms are being carried out to provide comprehensive support to young people, to create all the necessary conditions for them to study and work. It is safe to say that the idea of educating a perfect person is at the heart of this. As we observe the realities of the world today, we also witness the actions of states that overshadow each other’s peaceful lives on the basis of mutual ideological threats.

When we look at history, we are reminded of the losses and painful memories of the First and Second World Wars that shook the world. The ground turned into a cult, countless victims, endless tears, longing for a lifelong dream, lips trembling with the curse of war. At that moment,
we are thankful for our peaceful, prosperous life today. But there is a truth we must admit. Maybe today no one will shoot at each other and be mobilized for battle. But now we cannot deny that there are more powerful forces than weapons that can threaten our peace and progress. Ideological threats are among them.

Thought becomes idea, and idea becomes ideology. The fight against ideological threats is carried out with the help of ideological immunity. The formation of ideological immunity is one of the most important tasks of today. One of the important issues is the development and implementation of functional features of the use of cultural and artistic means in the formation of ideological immunity in student youth.

In the ideological landscape of today’s world, the activities of ideological landfills, which struggle with various means of influencing the human heart and mind, are becoming more and more visible. Such ideological training grounds are emerging not as weapons of war, but primarily as a result of the intensification of the process of struggle with ideological weapons that affect the human heart and mind.

It is well known to us from the science of geography that the world is divided territorially into different regions and continents. Therefore, looking at the political map of the world and considering the borders of states, we can easily imagine the territorial division of the Earth. These are areas with strict boundaries. But by the 21st century, humanity has faced challenges that know no boundaries. These include conflicts based on various regional, religious-ethnic, aggressive nationalism and chauvinism, environmental catastrophes, spiritual decline, drug addiction, and terrorism.

Also, the processes of globalization, the acceleration of the flow of information also create a number of problems. The worst thing is the emergence of forces that seek to expand their sphere of influence in the world through various ideological means, to conquer the hearts and minds of people, and thus to lead entire nations and states under their control.

The struggle to take over the human heart and mind is intensifying. This is the main principle that determines the ideological landscape of today’s world. Ideological influences come through radio, television, newspapers and magazines, the Internet, and all media in general. They affect people at home, on the street and at work. The weapons developed at the nuclear test site only destroy a certain area, but the various information, films, works of art, toys, and daily necessities that spread from the ideological test site and seem harmless on the surface are primarily aimed at capturing people's hearts and minds. For example, some books imported under the guise of “religious literature” give a political character to religion, misrepresent jihad, and as a result, young people who do not know the essence of religion may believe such propaganda and go astray. Or films that promote obscenity, savagery, and violence are also harmful influences that are spread from some ideological landfills. In the ideological landscape of today's world, the struggle between the two forces is clearly visible, the first of which is the progressive ideology that leads nations to progress, and the second is harmful and destructive ideologies that seek to hinder their path.

There are also political forces and movements that are currently seeking to expand their sphere of influence through ideological means.

Spiritual threat means, first of all, ideological, ideological and informational attacks aimed at destroying the spiritual world of every person, regardless of language, religion or belief, as a truly free person.

The ideologies of aggression, nationalism and chauvinism, neo-fascism and fundamentalism, racism and bigotry are among them.

It is no coincidence that the first President Islam Karimov said that “ideological landfills today are more powerful than nuclear landfills.” Creating the foundations for a free and prosperous life, progressive countries are developing their ideologies on the basis of universal values and
democratic principles. Because such an ideology allows a person to freely express their potential. In particular, all the strength and creative talent of our Motherland is aimed at further development of our country, strengthening peace and tranquility, creating a foundation for a prosperous life for all people living in this blessed land.

At the same time, harmful ideologies such as today’s aggressive nationalism, chauvinism, neo-fascism, racism and religious extremism are adapting to development and emerging in new forms.

For example, aggressive nationalism in the former Yugoslavia, conflicts based on territorial divisions, and religious extremist forces that have built a nest in the territory of Afghanistan are examples of this. Religious extremism is a criminal act that disguises religion and violates the constitutional order on the basis of violence, trying to change it. It is found in many regions and countries today. At the present time, ideological processes have a number of peculiarities. This demonstrates the democratization and humanization of ideological processes, on the one hand, and the tolerance of diversity of opinion and various political forces.

On the other hand, ideological processes are becoming more politicized and have a general impact on all spheres of human and social life. Third, the features of ideological processes, such as globalization, integration and differentiation, are not limited to the borders of nation-states. The globalization of social processes also has a strong impact on today’s ideological landscape. This is due to the fact that the information distribution system, including the Internet, covers the entire globe.

Now, when something new appears in one corner of the world, it immediately spreads all over the world, subject to ideological goals. For example, if an accident occurs in any region of the world for technical reasons or as a result of natural phenomena, one ideological center will fall to blame another center that is its enemy. In other words, “this center has a hand in this tragedy,” he declares to the whole world.

In this process, who knows better in advance which center has the most information dissemination, what will affect people, what they need, first that power will instill its point of view in their hearts and minds and overcome the information war. That is why today the information war between different powers and centers in the world is taking the lead. In fact, various ideologies, taking advantage of the simplicity of some people, pursue political goals through such struggles, that is, they try to divide the world arena ideologically.

Our people, who have the values, rich heritage and spirituality of their ancestors, did not fly to such “invitations”, began to develop their ideology on the basis of national and universal values, the experience of our independent development and the achievements of today’s civilization. In order to counteract such threats, our people need, first of all, the formation of ideological immunity in the hearts of the younger generation.

Immunity (from the Latin word “immunitas” meaning liberation, liberation) means a protective system that is able to maintain moderation in the body and protect it from various external influences and infections. At the same time, they use new methods of psychological interaction through the media. In particular, there are attempts to openly condemn certain features of our national life, to hit the ground or to show that some historical events have nothing to do with our great scientists who have made a great contribution to world culture, science and science. At the same time, we must never ignore the attempts to create conflicts between the countries of the region and misrepresent Uzbekistan in the world community.

It would not be a mistake to say that the current period is a period of intense information flow. When we have tens of pieces of information every second, it is common to receive thousands of streams of information every hour.

This begs the question. Why do we need to have so much information? Do we really need all this information? We browse our emails or social networks at least ten times almost every hour. So
what or who is forcing us to do this?

The answer is simple. We force ourselves. In our minds there is a myth: “To keep pace with the times.” And we are accustomed to acting on that basis. We all know that the human brain is involved in receiving and sorting information.

Excessive information intake leads to stress in the human nervous system. This is because the endless information you receive throughout the day, even at night, when you are asleep, is sorted by the brain and, simply put, necessary or unnecessary, and “placed on the shelves”. It will take 8 hours of sleep to complete this process. However, it is no exaggeration to say that it is still a “miracle” to find people who sleep 8 hours a day and focus on maintaining their health.

Concepts such as stress and depression among people have not been new for the time being. If we look around, we see that eight out of ten people are depressed. On the bus, take a close look at the flow of people on the street. Almost all of them are tired, serious and move towards the ground.

We wake up early in the morning and go to study and work. When we get home we are busy with homework and daily chores and don’t even realize it’s midnight. Even young children could not be ordered to sleep at 8-9 o’clock in the evening. Their parents are also to blame. It makes them happy that their child, who is busy with the phone, computer games, etc., is sitting in a quiet house. It is enough if the children do not ask them a lot of questions and do not bother. At this time, parents will also be able to continue a lively conversation with friends on social media and have time to get the information that is missing in the office today.

Returning to the subject of information, it would be correct to say that having access to information about what is happening around the world today and passing it on to the rest is “one way to earn respect.” It is impossible to give up information altogether. However, there is also a norm for receiving information. And you need to understand that it is necessary, useful to you.

Let us first define our clear purpose in life. Is the information you think you really need important to you? How much will it benefit you? Can having or not having this information make any difference in your life? Ask yourself similar questions. It will not be difficult to determine the answer through these questions either. If you don’t remember that time is wasted...

Continuing the feedback on the usefulness of the information. Information should give a person spiritual nourishment and significantly increase his level of knowledge. Only then can you be sure that you have information that is really useful to you. The main thing is to know the norm of information retrieval. Protect your nervous system from receiving information you don’t need. Admittedly, the number of users of the virtual world, ie social networks, is growing, not to increase spirituality, but to become aware of seductive photos and videos, various rumors about the lives of famous artists, and so on. This has led to the spiritual impoverishment of young people, who have become a lowly person who takes for granted the open discussion of other people’s lives. It is difficult to think about how the children of these people will be brought up.

It is not for nothing that they say, “No matter how hard you try to bring up your child, he will be raised just like you. Because the child learns from your upbringing by imitating. It would be great if every parent could ask themselves the question of how we can be an example to them. It is a science that calls people to goodness and forbids evil. By describing the goodness of good manners, the evils of bad manners, by showing evidence and examples, man distinguishes white from black, and black from white.

So, not in the past or in the future, “be here and live in the moment”. Remember that the flow of time that we do not notice is stronger than the flow of information. The moments that are wasted cannot be undone by any force. Because yesterday has become a thing of the past. When you dedicate your precious time to people who are valuable to you, not to social media, you are protected from feeling guilty for your inefficient past, as well as feeling that more meaning has entered your life.
References:


