The Process of Improving the Spiritual Environment in the Educational Process

Boltaeva Muhayyo
Associate professor, Namangan State University Uzbekistan, Namangan

Boyzakova Umida
Basic doctorate, Namangan State University Uzbekistan, Namangan

Abstract: This article covers the emergence of the spirituality of the Uzbek nation from ancient times, its historical foundations, evolutionary stages, and the role of scientists and heads of state in the development of national spirituality on scientific grounds.

Keywords: spirituality, enlightenment, culture, spiritual environment, national spirituality, ideology, education.

From the very first day of Uzbekistan's independence, it has become an urgent task to pay attention to the spirituality of the nation. The first attention to this task was paid by the first president of the Republic of Uzbekistan I.A.Karimov and emphasized that raising the issue of moral and spiritual level of man, raising the morale of the nation is one of the most important tasks of the head of State. It was on time that the head of State addressed this issue, because the "Soviet" system had to be absorbed and form the image of an independent statehood, which, having recovered from 130 years of political dependence, re-established. It was an open truth that the ideas of socialism were introduced into the life of the people by external violence, they served to immortalize the people. The fate of future progress is decided by spiritually mature people. Therefore, along with the democratization of the state system, the life of society, the deepening of economic reforms, the need to always pay special attention to spirituality is a real necessity. Therefore, in a number of reports, the first president said that "high spirituality is the foundation of the future", along with the mention of the achievements in this area, also gave a detailed analysis of future directions.

After all, the study of the spiritual and spiritual appearance of our ancestors in raising our national spirituality, the study of their cultural and educational heritage, as well as the study of the Islamic religion, the great contribution of Islamic philosophy to the rise of our national spirituality is now one of the most relevant topics. Although the formation of the spirituality of the peoples of Central Asia has not been fully studied by local scientists, information on individual directions of the subject can be obtained from the works of many philosopher scientists.

In the first place it is necessary to admit that in all the works of I.A.Karimov, a lot of actual thoughts on the spiritual appearance and mentality of the Uzbek people were informed. In particular, in the work" high spirituality is an indestructible power"; "of course, the spirituality of any nation can not be imagined without the fork of its history, specific customs and traditions, vital values. In this regard, natural, spiritual heritage, cultural treasures, ancient historical monuments serve as one of the most important factors", that was asserted.

In fact, Turan Turkistan, Central Asia, with its ancient history, rich heritage, highly developed science, culture, spirituality, distinctive traditions and values from ancient times stood among the countries of Egypt, Babylon, Iraq, Iran, China, India, Greece and Rome. One of the most ancient civilizations in the world appeared in Central Asia. The history, culture and spirituality of our
people covers more than three thousand years. "In the territory of Central Asia, especially Uzbekistan, for several thousand years, powerful countries, famous for the names "Turon", "Turkistan", "Movarounnahr", a high culture, were gaining popularity.

The Ancient Kingdoms of Sogd, Khorezm, Bactria, Kushan, Parthia, Eftalites are the Golden Cradle of our land, which supplied the world with genius thinkers, scientists and poets". From time immemorial, our region has made an unforgettable contribution to the treasury of human thinking on the issue of culture, enlightenment, spirituality, morality and education.

In our region, especially in the territory of Uzbekistan, a very long, complex, contradictory historical path of development was passed from the very beginning of the emergence of ideas, visions, views and teachings about politics, spirituality and enlightenment to the moment of State independence. Our path of national spiritual and educational perfection has several thousand years of history. He has not appeared day-night in world history. The roots of its historical development are very ancient and date back to the depths of several centuries. Our nation, our people have been living in this ancient and ancient land for a long time with their life, their culture and spirituality, their history and values. We have always felt and are proud of ourselves as an independent nation – the Uzbek people. We have a scientific, historical, cultural basis for such a saying. The whole world community has already recognized and respects our great history, science, culture and spirituality. "Now the whole world recognizes the so-called territory of Uzbekistan, that is, our homeland is one of the cradle of not only the East, but also the universal civilization. From this ancient and tabarruk soil, great scientists, Philistines, scholars, politicians, commanders have been trained. The basis of religious and secular sciences was created on this ground, polished. Complex water facilities built before and after BC, osari-our ancestors, who have not lost their beauty and skill to this day, testify to the high level of peasant, art of craftsmanship, architecture and Urban Art in our country from ancient times. Tens of thousands of works on history, literature, art, politics, ethics, philosphy, medicine, mathematics, physics, chemistry, astronomy, architecture, agriculture, which are kept in the treasury of our libraries today, are our invaluable spiritual wealth and pride. A nation with such a large heritage is rarely found in the world. Therefore, I can confidently say that few countries of the world can compete with us in this regard".

From the comments mentioned, it is possible to draw the following conclusions:

- various ideas, ideas, rules, oghit and programs that exist on the issue of spirituality, enlightenment, morality are the masterpieces of scientific thought created in the East, in particular in Central Asia, and are an integral part of the teachings of the most yellow;
- the eastern about morality, such as great discoveries, great teachings and innovations, valuable turns about Uzbek laws, spirituality and enlightenment, programs and regulations, opinions and views have never been spontaneous;
- spiritual and educational, political views, like any rules of conduct, undoubtedly arise, develop and improve on the basis of certain necessity and law;
- as in the rules of etiquette and morality, spiritual and educational, political views and views are expressed not only by the will of some people, but also by the interests of society, the people's masses;
- spiritual-educational, political, moral views are the product of a certain social development, but also an important factor, which in turn has a huge impact on the development of society. The stronger the knowledge and education in people, the higher the morality, manners, faith, conscience, honesty, diligence, internationalism, humanism, a sense of national pride, a sense of duty and responsibility, the faster the development of society, peace and harmony will be sustainable;
- in the process of the development of society, spiritual, political, moral views, such as all kinds of views, imaginations, opinions, theories and doctrines, are enriched and improved
with new content, some rules are interpreted with new times;

- every new stage of the development of society is the emergence of a new era, even in the spiritual and moral perfection of people;

- It is possible to learn from the examples of oral and written creativity of the people that the culture, spirituality, enlightenment roots of the peoples of Central Asia, especially the Uzbek people, the early periods of the formation of philosophical, political, religious, moral views go back to ancient times. Stories such as "Avesto", "Tumaris", "Shirak", "Manas", "Alpomish" and stories, myths, fairy tales, matals, narrations, proverbs, riddles reveal that the ancestors of the past expressed their first views, imaginations, relationships, beliefs about nature, society, the world of mankind, the structure of the universe, the life of people, customs, traditions, rituals, holidays, values;

- In the Islamic doctrine, in its Quran Karim and hadiths Sharif and other sources, in sufism, we see that spirituality and enlightenment, human spiritual perfection, honesty and purity, faith and belief, trust and sincerity, diligence, humanism, science, patriotism and not one of the religious and secular issues such as patriotism have been ignored;

- Islam, which is the religion of our ancestors, is not superstition, but one of the most important spiritual factors that encourages people to follow the right path, to beware of the haram. The religion of Islam is not the sum of dry beliefs, but Faith for people-e'tiqod, morality, faith, knowledge-enlightenment;

- Images, thoughts and views about spirituality and enlightenment, morality and morality have never ceased to develop, but have developed and improved on the basis of the object and needs of the society, enriched and improved in content.

- The state independence of Uzbekistan is a completely new stage in the history of centuries-old improvement of our national spirituality and enlightenment. Independence has made it possible for the Uzbek people to raise their heads in their native land and restore their culture and traditions, dignity, religion, native language and spirituality. Thanks to the share of independence, powerful layers of spirituality, enlightenment, high morality and culture of the Uzbek people were opened, beautiful national traditions were restored. Our spirituality is opening its eyes. National pride in the minds of people, feelings of love and affection for the native land are growing.

Ideas and teachings about spirituality, enlightenment, education, reorganization of people's education on a new basis serve as a program in strengthening the independence of Uzbekistan.

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