Reforms in the Health System of Uzbekistan

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Abstract: This article is devoted to the history medicine in our country, as well as the development and problems that have arisen in medicine and ways to solve them. The health care system is analyzed, reforms have been carried out in recent years and the role of modern medicine in maintaining the health of the people. Questions were also analyzed, such as the fact that problems in the field of medicine are solved through reforms carried out during the years of independence. Comprehensive measures and conceptual programs are also outlined aimed at improving the quality of medical services provided to the population in our country, strengthening the human resources of the healthcare system, and improving the material base of medical institutions.

Keywords: healthcare system, problems and solutions, human factor, medical stations.

Introduction. In the address of the head of our state in the Address to Parliament, attention is paid to direct relations with the people, issues of consistent and effective resolution of the troubles, aspirations of people, for which specific tasks are defined. In the Message of the President of the Republic of Uzbekistan Sh. Mirziyoyev, sent in 2018 to Oliy Majlis - the parliament of our country noted that in order to preserve the gene pool of the nation in the healthcare system, special attention is paid to improving the quality of medical care and expanding its scale [1].

Comprehensive measures are being taken in our country to radically improve the quality of medical services to the population, strengthen human resources in the public health system, which is aimed at increasing the resource potential of medical institutions, and reforming the healthcare system.

Analysis and results. For the systematic and high-quality organization and accelerated development of the national healthcare system, issues of general practitioners, patronage of nurses, rural medical stations, emergency medical services, as well as, if necessary, when the healthcare system needs to be raised to a new level and other topical issues and tasks on the introduction of an innovative model in the management of the medical industry are in the center of attention of the state. On the implementation of measures to reform the health care system in the Republic, the formation of a modern certain successes have been achieved in the system of providing medical care to the population.

Along with the achievements in the healthcare system over the past periods, the shortcomings and problems awaiting their solution have a great negative impact on the development of this industry. In particular: firstly, as a result of the lack of a concept and strategic goals for the management and planning of the health care system. Reforms in this area are not carried out in full, and this does not fully meet the desires and requirements regarding the quality of medical care for the population; secondly, the outdated estimated system of financing in the field of healthcare, which does not meet modern international requirements and mechanisms, leads to inefficient use of financial resources, as well as continuous non-financing of this industry;
thirdly, the passivity of the effectiveness of work on the timely detection and prevention of diseases, as well as the passivity of patronage and the formation of a healthy lifestyle, has led to an increase in requests for specialized medical care; fourthly, various degrees and stages of providing medical care to the population are poorly developed, especially in the issue of treatment and restoration of health; fifthly, the current personnel policy at all levels of medical care, especially in providing specialists in primary care, does not provide the possibility of forecasting and prospects for the training of organizers and managers in the healthcare system; sixthly, the weak development of the integration of medical practice with education and science, along with the low level of innovative potential of specialized centers, negatively affects the introduction of the diagnostic and treatment process of modern medicine; seventh, there is no single standard in the e-health system, modern software products have not been introduced to ensure the integration of the medical service and its effective management, the existing information systems and technologies had a blurry color and are designed for narrow areas [2].

By the way, for the last three of the year as in other spheres of society in our country, fundamental reforms were carried out in the healthcare system, more than 170 legal acts were adopted and approved in the healthcare system.

In the process of providing our people with medical prevention, further improving patronage care, improving the quality of emergency medical and specialized medical care, providing the population with cheap and high-quality medicines and developing private medicine, important projects are being implemented.

In particular, it will not be an exaggeration that the Decree of the President of the Republic of Uzbekistan dated December 7, 2018 “On comprehensive measures to radically improve the healthcare system of the Republic of Uzbekistan” was a prerequisite for the beginning of a new period in the development of medicine in our country.

This Decree approved the program of measures to implement the concept of development of the healthcare system of the Republic of Uzbekistan in 2019-2025.

The main objectives of the concept for the development of the healthcare system in the Republic of Uzbekistan in 2019-2025 consist of the following:

1. Prevention of diseases, and in many cases that can lead to premature death or disability, as well as to increase the period and life, by improving the results of their treatment.

2. For the equal use of medical care, the protection of the population from a financial point of view and the fair distribution of resources, it is necessary to reform the healthcare financing system.

3. To fulfill the tasks of the concept and improve the quality of medical care provided to the population of the Republic, strengthening the competence of the health management bodies, increasing the role and responsibility of managers [2].

The main attention, starting from the organization of labor activity of primary medical sanitation and the ambulance link to higher structures, is aimed at the human factor, which contributes to the creation of new opportunities in expanding new types of medical services and bringing their quality to the level of world standards.

With regard to this reform, our President Shavkat Mirziyoyev said: “It is not without reason that we started fundamental renovations in our country, primarily in public life, from important areas such as maintaining peace and tranquility, as well as protecting the health of the population. Because peace and health for every person and the entire population is an incomparable great blessing. We are all well aware that only a healthy person and a healthy people are capable of incomparable, great deeds ” [3].

In accordance with the Decree of the President Sh. Mirziyoyev dated December 7, 2018 “On comprehensive measures to radically improve the healthcare system of the Republic of
Uzbekistan”, in order to create a healthcare system that will ensure a radical improvement in the quality, efficiency, popularity of medical care for the population, from a conceptual point of view, the formation a new financing model, the introduction of modern achievements in medicine and technology, as well as in accordance with the objectives of the Strategic Actions in five priority areas of development of the Republic of Uzbekistan in 2017-2021, the most important areas of reform of the health care system of the Republic of Uzbekistan have been identified [2].

In the Decree of the President of the Republic of Uzbekistan dated December 7, 2018 "On measures for organizing the activities of the Ministry of Health of the Republic of Uzbekistan" defines the main tasks and activities of the Ministry of Health of the Republic of Uzbekistan and its territorial bodies.

In particular, these include: providing timely quality medical services; increasing the role and responsibility of heads of bodies and organizations of the Ministry of Health in a state-guaranteed amount; implementation of a unified state policy in the field of health care of citizens of the country; forecasting the prospects for the development of demographic changes and healthcare, a comprehensive analysis of the state of health and morbidity of the population; prevention and prevention of diseases, protection of public health; patronage service and examination of citizens at home, encourage the population to a healthy lifestyle, improve their medical literacy, first of all, ensure education in the spirit of responsibility for their own health and the health of others; the birth of a healthy generation, their upbringing, improvement of the quality and level and duration of life, creation of favorable conditions for them; develop the main directions of state policy in the field of public health and sanitary and epidemiological tranquility; convergence of medical services to the population, in a broad aspect, the introduction of information technologies (telemedicine), medical standards, protocols and recommendations, as well as through the provision and transfer of experience of leading foreign and domestic specialists to employees of territorial medical institutions; and specialized medical care; measures for the implementation of streamlining the circulation of medicines, medical equipment and medical equipment by the state are determined [4, p.72].

Also standardization and certification of equipment permitted for use on the territory of the Republic of Uzbekistan; improving the social protection of lonely old people, pensioners and people with disabilities, organizing their systemic treatment, expanding preventive measures through the coverage and application of modern methods of treatment; increasing the level and quality of medical and social assistance; by providing methodological guidance on advanced training and retraining of health professionals after studying at a higher educational institution, medical educational institutions and higher educational institutions in the field of training medical personnel, the implementation of state policy, the improvement of the regulatory framework; based on the harmonization of local experience and the best world achievements, the development and forecasting of a strategy for the development of medicine, increasing the efficiency of scientific medical research, introducing the achievements of science, technology and best practices into healthcare practice; in the healthcare system, it is planned to introduce healthcare system management methods tested in modern international practice, ensuring control over the organizational and methodological guidance and the quality of medical services provided [5].

For example, today the effectiveness of the ongoing reforms, the amount of financing for the industry has increased several times.

If in 2017 7.1 trillion soums were allocated to the medicine industry, then in 2019 12.1 trillion soums were allocated. Also, the amount of funds allocated for medicine and medical equipment and the construction of medical facilities has tripled. Recently, much attention has been paid in our country to medical prevention. Currently, in this direction, 1793 outpatient clinics are serving the people, of which 817 are rural medical centers, 798 rural family clinics, 178 urban family clinics [6, pp.168-172].
As a result of the streamlining of the primary healthcare system, 798 rural family polyclinics have been organized, where consultation points for women, girls' health rooms, first aid stations and public pharmacies function, and most importantly, the activities of 5 branches of a narrow specialty have been established. The medical patronage service is being improved based on modern requirements [7, p.176-180].

In this regard, it should be noted that large-scale measures are being taken to provide specialized medical care. As a result, over the past three years, due to the organization of medical centers in the areas of allergology, oncology, nephrology, kidney transplantation, neurology and stroke, traumatology and orthopedics and neurosurgery, the number of medical centers providing specialized medical care to the population has reached 16, 310 specialized departments, 14 branches of specialized, scientific and practical medical centers are organized in the regions [8, pp. 232-242].

Of course, the construction and repair work carried out over the past three years in more than 1,300 medical institutions and the attraction of investments in the amount of $ 130 million in 2019, equipping medical institutions with modern medical equipment worth $ 100 million, and other works indicate that for very large significant work is being done to preserve the health of our people.

Ample opportunities are being created for the development of private medicine in our republic. Currently, more than 5,300 clinics operate in this direction. Also in our country there are more than 100 modern medical clinics in the USA, Russia, Germany, India, Turkey and other foreign countries [9].

The great reforms in this industry are aimed at further developing the health care of our people, which will continue to develop consistently in the future.

**Conclusion.** In conclusion, we can say that the reforms and transformations carried out in the field of healthcare in our country aimed at improving the health, preserving the gene pool, improving the quality of medical services will serve as a solid foundation in the implementation of regulatory legal acts. This is evidenced by the reforms introduced in social life, which are reflected in the field of medical services and the preservation of the health of our people.

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