

## Article

# Effectiveness of the Technological Approach in the Spiritual Life of Young People

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**Abstract:** This article explores the effectiveness of integrating technological approaches in the spiritual development of young people. The study examines how technology can be utilized to enhance spiritual practices, foster personal growth, and promote positive well-being among youth. Various technological tools and platforms are analyzed for their potential impact on the spiritual lives of young individuals. The findings suggest that incorporating technology in spiritual activities can be beneficial in engaging and empowering young people to deepen their spiritual connections and values. The implications of this technological approach on the overall well-being and development of youth are discussed, highlighting the importance of embracing innovative strategies in addressing the spiritual needs of the younger generation.

**Keywords:** dynamics of spiritual processes, idea, propaganda, technology, subject, tendency, spiritual image, national identity, effectiveness

## 1. Introduction

Nowadays, the concept of “youth spirituality” is widely used by philosophers and researchers, since the spiritual world of a person manifests itself not only within the framework of the secular system and society, but also in the cultural sphere [1], [2], [3], [4]. During the period of the former union, insufficient attention was paid to the spiritual potential of the youth of Uzbekistan. It is known that in Western countries, as a result of focusing on the development of the manufacturing sector, this caused a global moral crisis [5], [6], [7].

## 2. Analysis of Literature on the Topic

Sources on the effectiveness of the technological approach in the spiritual life of young people are T. Alimardonov's "Problems of political and moral balance in society", R. Galeev's "Spiritual potential kak object issledovaniya i upravleniya", O. Mukhammadjanov, F. Mukhiddinova's "Youth rights in Uzbekistan: Law and privileges", I. Saifnazarov's "Spiritual maturity and political culture", M. Kuronov's "You are unique, you are unique, my motherland", I. Ergashev and others. "Technologies of promotion of the national idea", G'anieva M. "Technologies of teaching in theoretical and practical training, pedagogical technology of cooperative work in small groups" is expressed in the collections.

## 3. Materials and Methods

In the preparation of this article, methods of scientific knowledge such as complex approach, systematicity, generalization, analogy were used.

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#### 4. Results

“It is known that a complete and perfect society will be built instead of the political and legal culture of conscious citizens. The increase in political activity of citizens is one of the important elements of the development of society” [8]. In other words, the higher the political culture and sense of responsibility among citizens, the greater their interest and aspirations in the work of society. Political activity and responsible people play an important role in the formation of strong immunity against various ideological outbreaks among the population.

#### 5. Discussion

The ancient Greek philosopher and scientist Plato wrote down the following thoughts about the education of youth: “By education I mean education that elevates a person from youth, turns him into a perfect citizen, rules him fairly, calls for obedience” [9].

We know that without spirituality, in a short time, a person’s system of highest values will collapse, and a person will successfully adapt himself and his knowledge to the relations of the market culture of society. A person becomes a functionary of society and in his activities his humanity decreases. “Mankind’s understanding of the meaning of life, the direction of internal personal changes is a mobilizing factor for the development and self-expression of human creative activity” [10].

Nowadays, the transformation (harmonization) of the highest content and values of a mass nature is considered a priority task of our over-secularized society. Only spiritual and moral ideals, a synthesis of national ecological and political cultures, reliance on spiritual values, heritage (archetypes) will help Uzbekistan take its rightful place in the post-industrial world.

Uzbekistan is a young country and a country of young people. If its age is due to the fact that 30 years have passed since independence, then the reason why it is called the land of youth is that 65% of its population are young people. From this it is clear that the objective necessity is to strengthen the independence of our country, maintain peace and stability, ensure its stable development and, in this regard, the formation of high morale among the population, especially young people.

Youth spirituality as an important factor in the development of society and social changes requires the development of various mechanisms, styles and strategies and their consistent implementation. Social stability in the state largely depends on the strong social protection directed at all levels of youth, the creation of sufficient conditions for supporting their initiatives and realizing their potential [11].

Patriotism and tolerance have a special place among the components of high spirituality. It is important to pay special attention to these two feelings in the formation of youth spirituality. Patriotism means awareness of responsibility and duty to the Motherland. The more a person understands the interests, value, fate, and prospects of the Motherland, the higher the feeling of patriotism. True patriotism is living in the interest of the nation, the Motherland, mobilizing and fighting for its prospects and interests. Tolerance means being patient and concerned with other religions, social systems, views, beliefs and lifestyles. Speaking about the need to raise the value of tolerance among young people, we can build the future of our children only when there is mutual respect between representatives of different nationalities, faiths and religions. It is worth noting that in today’s complex and turbulent world, tolerance is important in various areas of our lives, in our efforts to develop civil society.

The main ways of forming the feeling of love and tolerance for the Motherland in the hearts of young people are as follows:

First of all, the place and role of the educational system in the spiritual and moral growth of young people and the expansion of their worldview is incomparable. In educa-

tional institutions, children should be instilled with love for the symbols of our independent statehood: anthem, flag and coat of arms. They play an important role in awakening the sense of patriotism in teenagers. At the same time, it is necessary to continuously form the culture of independent study, work on oneself, reading culture in young people.

Secondly, it is desirable not to increase the number of spiritual and educational events among the population, including the youth, but to improve their quality. "Uzbekistan's interest is higher than any personal interest. "Let's be in the service of the country" principle should be inculcated. In this, "The Motherland is one, the Motherland is one", "Uzbekistan - our common home", "This dear Motherland belongs to all of us", "One family", "Tolerance - a factor of stability and development", "New Uzbekistan - a new worldview" in all regions of our republic. - regular implementation of cultural events is the same term.

Thirdly, sport has a great role in the physical development of young people. Sports games "Barkamol Avlod", "Seeds of Hope", "Universiade" are of great importance in the development of young people. Because it is sport that makes a person patient, persistent, mentally strong.

Fourthly, one of the ways to develop the feelings of patriotism and tolerance among young people is to raise their political culture. Political culture is an important type of general culture, the ability of members of society, nation, social strata and every citizen to understand the internal and external policy of the state, the level of ability to analyze it, and the culture of independently determining their behavior depending on the political situation.

Young people should understand that the main goal of our state's policy is to create decent living conditions for our people and every person living in our country, to further strengthen our peaceful, comfortable and prosperous life. The political culture of every citizen should consist of maintaining stability in the society, maintaining harmony and solidarity in inter-civilian and inter-ethnic relations, and contributing to the development of the country in all aspects.

## 6. Conclusion

The first step in the formation of political culture is the process of realizing political identity. Political identity is one of the components of national identity. Realization of political identity begins with the subject's awareness of his socio-political interests [12]. In realizing the political identity, a person should harmonize his private, personal interests with national, socio-political interests, and in necessary cases, prioritize the interests of the society.

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